

Ysgol Uwchradd Bodedern



Relationship and Sex Education (RSE) Policy - for Parents

To receive a full copy of the policy, please contact the
School Secretary

The school's Relationship and Sex Education (RSE) policy is reviewed accordance to the school's commitment to

- Healthy School Network
- "Personal and social education framework for 7 to 19-year-olds in Wales" (2008)
- "Relationship and Sex Education in Schools" September 2010 (019/2010)
- 1996 Education Act, Section 403 (1A)
- 2002 Education Act, Section 101 (1)(c)
- Action Plan of Health and Sexual Wellbeing for Wales 2010 – 2015 Welsh Government

The Relationship and Sex Education Policy coincides with a number of school policies and supporting structures within the school eg.

- Personal and social education
- Diversity and equality
- Anti-bullying
- Drugs and substance misuse
- National Science Curriculum
- Pastoral structure.
- School's discipline policy.
- School forum and council.
- All Wales Child protection Procedures 2008 and school's child protection policy.
- Standing Advisory Council for Religious Education

The aims and objectives of the Relationship and Sex Education Programme

Core values to RSE are:

- Importance of stable and loving relationships
- Mutual respect
- Responsibilities
- Sexual equality
- Acceptance of diversity
- Rights
- Abuse in relationships is never acceptable

through:

- Develop positive attitudes and values which influence their behavior.
- Develop skills that are needed to make responsible and knowledgeable decisions concerning sexual health and wellbeing.
- Self-respect and respect of others
- Appreciate diversity within different sexual orientation and to celebrate that diversity.
- Develop successful relationships
- Appreciate the importance of stable and loving relationships.
- Understand aspects of the body and emotions related to RSE, sexuality and sexual wellbeing.
- Understand the possible risks connected with sex.
- Acknowledge the advantages of postponing sexual intercourse.
- Understanding the laws connected with sexual behavior
- How and where to receive appropriate advice regarding sexual health and wellbeing.

Connected with other subjects

Science National Curriculum

Religious Education National Curriculum

- **Morality and Values**

The school governors and staff at Ysgol Uwchradd Bodedern fully support the statements outlined in the “Personal and social education framework for 7 to 19-year-olds in Wales” (2008) regarding the development of moral and spiritual development. They also understand the need for all partners which contribute to the RSE program to work within the guidelines of the document Relationship and Sex Education in Schools (WG 019/2010) and Sections 403 and 404 of Education Act 1996.

- **Parents / Guardians rights to exclude children.**

Section 405, Education Act 1996 notes the right by parents / guardians to exclude their children from Relationship and Sex Education – partly or wholly – excluding statutory elements of the national curriculum. **They must make a written application of intent if they intend to use this caveat.** The school will keep a copy of the letter. This right is in place until the student is 19.

- **Child Protection and Confidentiality**

It is the responsibility of all staff to follow the All Wales Child Protection Procedures, if there are any doubt that a child or young person is in danger of being abused or is being abused or facing in risk of harm. Staff should not agree to keep information of child protection concerns confidential, but should there be any doubts then follow safeguarding procedures at once.

If a pupil makes a personal disclosure, teachers / staff cannot offer unconditional confidentiality . Health workers work with their own guidelines, and it is note in there guidelines that young people; including those under 16 the right to confidentiality, excluding safe guarding issues. Pupils are encouraged to talk to their parents / guardians if possible.

Ensuring that pupils are made aware where to receive advice, support and confidential information, for example, sexual health service, **Y Siop Holi lechyd**, advisors or family

(Child protection team: Mrs Heather Roberts / Mrs Carys Rowlands / Mr Bryan Griffiths)

- **Working in partnerships**

The school considers RSE as a shared responsibility; this is why this policy is shared with parents. Parents may also have access to the scheme of work and resources used.

The school appreciates the contribution of appropriate outside agencies towards RSE and safeguarding in this field. Such as professional health workers and guest speakers. The Siop Holi lechyd is offered as a weekly health drop in session for pupils by the school nurse. If outside agencies or individual give workshops, the school will consult health professional before proceeding.

- **Presenting / Teaching**

The school uses the PSE framework as the base to design PSE resources and lessons. One of the 5 themes from the framework which is most relevant to RSE is health and emotional wellbeing.

The schools aim is:

- Create a supportive learning environment where open and unbiased discussions regarding relationships, sex, health and sexual wellbeing and sexuality.
- Offer an organised and designed programme which fulfils the needs of pupils in each key stage.

RSE lessons are delivered by form tutors and the school nurse (if required) in key stage 3 and a specific team in key stage 4 and 5 through PSE, Science and Religious Education, which is supported by outside agencies and speakers, Jiwsi, Police Liaison Officer, cross curricular aspects and extra-curricular activities e.g Teen Total

Personal beliefs and prejudice by staff should not have an effect on how RSE is delivered. Teachers will give ground rules and pupils are encouraged to respect other options and ways of living. Teachers must respond to sensitive questions in a sensitive response, which should be undifferentiated and considered.

Presenters of RSE will show clearly, that the rules given to the group should be the same for themselves and any visitor .

The school believes that the RSE programme support pupils throughout their physical, emotional, ethical development to help pupils to make mature, knowledgeable and considered decisions in their lives. The programme will help pupils to develop confidence when talking, listening and thinking about sex and relationships. Ground rules for pupils given at the start of each lesson and learning techniques by distancing from individuals and discussion are the main stay of the lessons, but opportunities for pupils to role play, discuss case studies, using relevant articles and other activities from the teaching source SENCE. It is not the teachers' role to give advice on sexual health, but where to find the support required. The programme support the role of parents / guardians / carers. Any new resource will be carefully reviewed by the PSE co-ordinator and teaching staff before delivering to pupils.

Staff training is based on yearly reviews from INSET feedback to staff managements reviews. Termly pastoral meetings are used to adjust training and share good practice.

SENSITIVE MATTERS

All staff will do their utmost to fulfil the need of each pupil in their care and to handle and sensitive information appropriately..