

# Lunch Menu

This Menu is available on the following weeks, date commencing:  
13<sup>th</sup> May, 10<sup>th</sup> June, 1<sup>st</sup> July, 22<sup>nd</sup> July

IF YOU HAVE A SPECIFIC ALLERGY OR DIETRY REQUIREMENT, PLEASE LET US KNOW.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Local Butchers Sausages with Mashed, Seasonal Vegetables and Gravy	 <p>Chicken Chow Main with Seasonal Vegetables and a Selection of Side Dishes</p>	Roast Gammon with Crispy Roast Potatoes, Seasonal Vegetables and Gravy	 <p>Curry of the Day with Rice, Naan Bread and a Selection of Sides</p>	Fish of the Day with Chips, Peas or Beans
Vegetarian Main Meal	Quorn Sausages with Seasoned Mashed Potato, Seasonal Vegetables and Gravy	Vegetables Chow Mein with Seasonal Vegetables and a Selection of Side Dishes	Broccoli and Cauliflower Bake and Seasonal Vegetables	Vegetable Korma with Rice, Naan Bread and a Selection of Sides	Cheese and Onion Flan with Chips Peas or Beans
<i>Modern Bakery</i>	Try our Home Made Cakes at our Modern Bakery Station every Wednesday				
Pizza, Pasta & Jacket Bar		Pasta & Jacket Potato Add your choice of hot topping from our freshly prepared selection  Daily Pizza Selection We will offer both meat and vegetarian choices daily			
Family Favourites	Pineapple Upside Down Pudding with Custard or Fresh Fruit	Banana Pizza or Fresh Fruit	Welsh Cake or Fresh Fruit	Carrot Cake or Fresh Fruit	Fruit Salad and Ice Cream or Fresh fruit
<b>Daily selection of fresh Grab &amp; Go items are also available and can be ordered to your liking at the counter.</b>					